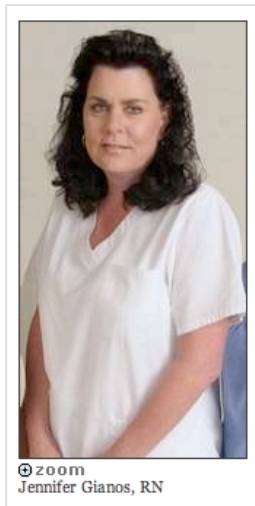




Florida Nurses Share 2011 Patient Care Resolutions

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Nurses share what their personal and institutional patient care plans are for 2011, and how those goals will affect patient care. From obtaining new certifications to taking the time to listen to and interact with those under their care, nurses focus on the bedside to take their practice to a whole new level.



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“For bariatric patients to be successful, they must be fully engaged and committed to making lifestyle changes. In the new year, I aim to help motivate our patients to comply with recommended lifestyle changes and treatment plans. In addition, I will continue to give them the necessary tools to reach their long-term health goals. For example, implementing evidence-based care, taking more time at the bedside, etc.

I will fully engage patients in their treatment and follow-up care, provide education and help patients reduce barriers to making healthier lifestyle choices. One of our team’s strategies is to implement phone conferences between clinical staff and patients post-discharge. For patients who live far from the hospital, phone conferences can be an effective way to keep them on track.

Every goal we make is based on our patients’ needs. Every day, our patients teach us something, and we make it an ongoing priority to adjust our program to give patients what they need to be successful along their journey to achieve health.”

<http://news.nurse.com/article/20110110/FL01/110107001>