



PASSPORT TO A HEALTHY HEART

AT THE FMC CAMPUS HEART FAIR



SUNDAY, FEBRUARY 12, 2012

10:00am - 12:00pm • FMC Campus Auditorium

FREE LUNCH BOX
FOR THE FIRST 100 PEOPLE THROUGH THE DOOR

ACTIVITIES INCLUDE:

- **FREE** Cholesterol Screenings
- **FREE** Valentine Photos
- **FREE** Refreshments
- Heart Healthy Cooking Demonstration
- Silver Sneakers Activities
- Giveaways & more!

TO REGISTER, CALL 866-498-LIFE (5433)



healing heart, body and mind

5000 W. Oakland Park Blvd. Ft. Lauderdale, FL 33313 *West of 441 on Oakland Park Blvd.*
fmc-campus.com